Helping Your Child Be Successful In School



Parents play a vital role in their child's academic success. The intent of this document is to provide surefire tips that will increase the possibilities for all students to achieve and compete at high levels.

Tips to Help Students Be Successful in School



Establish a daily routine

- Encourage a good night's sleep
- Provide a place, time, and preparedness for study/homework
- Make time for active listening/conversations
- Set a time to read daily
- Provide time for math, speaking, writing, and other subjects
- Provide time for enrichment (games, practice, drama, fun)



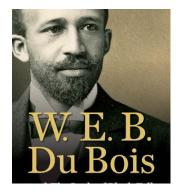
Instill in your child the importance of education and setting goals

- Engage often in conversations about school and education
- Set life and career goals
- · Set goals for improvement and advancement
- Make connections between life and school/education



Create a strong partnership with your child's teacher

- Know your child's grades, areas of strength, and/or weaknesses
- Become familiar with your child's learning style
- Attend parent-teacher conferences
- Ask questions
- Ask for help when/if needed
- Seek and know your child's school and community support resources
- Insist on solutions/recommendations
- Teach your child to ask for help. It's essential for students to be able to tell the teacher, "I don't understand!" or "I get this. What else can I do?"



Teach your child and provide reading materials about their history, culture, and achievements

- Affirm who your child's identity with books, movies, videos, and other materials of their culture
- Tell your child how amazing they are and encourage them to feel good about their gifts, talents and abilities
- · Reinforce that they are beautiful, intelligent, and have great things to offer
- Provide time for enrichment (games, practice, drama, fun)



Advocate for your child and teach them to advocate for themselves

- Check grades weekly
- Request academic support when needed
- Encourage your child to try different activities
- Support and expect your child to be in challenging classes

Tips for Effective Studying

- 1. Know how your child learns best (visual, auditory, and kinesthetic and what strategies work best)
- 2. Minimize distractions
- 3. Set a specific time to study and stick to it
- 4. Be prepared

Make sure your child has all the needed study materials before beginning to study. For example students may need textbooks, notes, pens, markers, paper, iPad, computer, or flashcards. Encourage students to have only the materials needed to study in order to help them better stay on task.

5. Keep a positive attitude about studying

Approach each study time with a positive attitude. Encourage your child to take all the time needed to learn a topic, and don't beat up on him/herself if subject matter is difficult or takes longer to learn.

6. Do not procrastinate

Putting off studying until the last minute leaves students with less time to study and will most likely create stress. Stress will usually make it more difficult to recall information.

7. Avoid cramming because this won't help students retain/recall information over a long period of time

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